



# Women's Health Checks

- **Pap smear conducted by a qualified Well Women's Health Nurse**
- **Advice on contraception**
- **Breast awareness education**
- **Advice on post natal issues**
- **Advice on menopausal issues**
- **Continence advice and education**
- **Recording information on your sexual and reproductive history**
- **Information on sexually transmitted infections**
- **Referrals to qualified and appropriate services**

# Well Women's Health Clinics

Loxton Medical Clinic  
11 Anzac Cres  
Loxton 8584 7321

Berri Medical Clinic  
Cornwall Street  
Berri 8582 2855

Berri Family Medical Clinic  
5 Gilbert Street  
Berri 8582 1989

Waikerie Medical Clinic  
2 Strangman Road  
Waikerie 8541 3500

*Pap Smears also available at:*

Renmark Medical Clinic  
65 Thurk Street  
Renmark 8586 4111

Riverland Family Practice  
Barmera Community Health Centre  
Barmera 8588 0465

Lake Bonney Private Medical Clinic  
Hawdon Street  
Barmera 8588 2040



For advice on continence ask your  
Women's Health Nurse or GP



*My Next Appointment*

*Date:*

*Time:*

*Things I want to discuss at my  
appointment:*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_



*To do List:*

- Organise lunch with the girls*
- Do a self breast examination*
- Do shopping*
- Check Facebook*
- Pick up kids from school*